

Trans and Gender Diverse People's Health Care Experiences

Barriers to Timely, Safe, and Affirming Care

Findings from the TRANSform Australian national trans health survey



Key Findings

A total of **807 trans and gender diverse people** completed this 2024 Australian national survey. In the **previous 12 months**:



1 in 2 (57%)

reported one or more type of **trans-related discrimination** by a health care professional.



1 in 3 (40%)

had **delayed seeking health care**, due to anticipated trans-related discrimination.



4 in 5 (81%)

“agreed” or “strongly agreed” that they had access to a health care professional who was **actively supportive** of their trans experience.

Recommendations

Public health strategies to target trans health disparities.

Governments must commit to reducing health disparities experienced by trans and gender diverse communities, including:



Strategies to **reduce discrimination, abuse, and violence** against trans and gender diverse people, as a driver of health disparities.



Establish and bolster trans and LGBTIQ+ community-controlled health services.

Trans-inclusive health care training and services.

All trans and gender diverse people should have safe and affirming health care experiences, achieved through inclusion of:

- Trans and gender diverse health in university health-related curriculums.
- Trans and gender diverse people as a priority group in health services and program strategies, policies, and trans health staff training.

Trans-inclusive research and evaluation.

All health and medical research should be inclusive of trans and gender diverse people, as recommended by the **ABS** (<https://bit.ly/abs-guidelines>), **NHMRC/MRFF** (<https://bit.ly/nhmrc-guidelines>), and **Trans Health Research guidelines** (<https://www.transresearch.org.au/professional/including>).

“Two different male GPs laughed at me, refused to treat me, asked sexually inappropriate questions, and told me that seeking hormones/surgery was wrong.”
-*Kalvin, trans man.*

“Living rural I struggle to find a GP who is willing to learn and work with me as a trans patient. I put off going to the GP and seeking medical treatment.”
-*Raphael, trans man.*

“I am consistently misgendered. I do not feel confident to correct the staff as I’m afraid of potential repercussions, such as reduced quality of care.”
-*Jaz, non-binary.*

Full Report

<https://bit.ly/healthcare-26>

